



Quick Guide Covid 19

Covid19 symptoms (Guidance from NHS Test and Trace September 2020) are as follows:

1. A high temperature: any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature).
2. A new continuous cough: Coughing a lot for more than an hour or three or more coughing episodes in 24 hour
3. A loss of, or change in, sense of smell or taste: a noticeable loss of smell or taste or things smelling or tasting different from normal

What to do if	Action Needed
If your child has the symptoms described above	Your child shouldn't attend school and you should: <ul style="list-style-type: none"> • Inform school immediately and if child is well enough for work to be set • Obtain a test for your child should get a test • Whole household self-isolates while waiting for test results • Inform school immediately about test results
My child tests positive for COVID-19	<ul style="list-style-type: none"> • Child shouldn't attend school • Inform school of reason and if child is well enough for work to be set • Child self-isolates for at least 10 days from when symptoms started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days
Somebody in my household has COVID19 symptoms	<ul style="list-style-type: none"> • Child shouldn't attend school • Inform school of reason • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform the school immediately about test results



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Somebody in my household has tested positive for COVID-19	<ul style="list-style-type: none">• Child shouldn't attend school• Inform school of reason• Whole household self-isolates for 14 days from day when symptoms started (or from day of test if no symptoms) even if someone tests negative during those 14 days
NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms or confirmed COVID -19 (coronavirus)	<ul style="list-style-type: none">• Child shouldn't attend school• Inform school of reason.• Child self-isolates for 14 days (as advised by NHS Test and Trace) - even if they test negative during those 14 days. Rest of household does not need to self-isolate, unless they are a 'close contact' too
Returning from a destination where quarantine is needed	<ul style="list-style-type: none">• Consider quarantine requirements and FCO advice when booking travel• Provide information to school as per attendance policy• Child shouldn't attend school• Whole household self-isolates for 14 days - even if they test negative during those 14 days
We have received advice from a medical / official source that my child must resume shielding	<ul style="list-style-type: none">• Child shouldn't attend school• Inform school of reason • Child should shield until you are informed that restrictions are lifted and shielding is paused again