

Queensbridge Primary School Menu - Week 1

Vegetarian = (V) Vegan = (Ve). All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

Option 1

Option 2

Dessert

Planet Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Broccoli and 3 Cheese Pasta Bake served with Broccoli (V)	Smokey BBQ Bean Wrap served with a Cucumber, Pepper, Tomato and Mixed Leaf Salad (Ve)	Home Made Chicken Meatballs in a Sweet Tomato Sauce served with Pasta and Mixed Salad	Caribbean Spiced Quorn Fillet served with Chunky Vegetable Jerk Rice (Ve)	MSC Fish Fingers or Salmon Fish Cake served with Chips and Baked Beans
Sweet Tomato, Lentil and Spinach Fusilli Pasta served with Broccoli (Ve)	BBQ Chicken & Red Pepper Fajita served with a Cucumber, Pepper, Tomato and Mixed Leaf Salad	Roasted Cauliflower & Chickpea Kofta Strips served with Toasted Wholemeal Pitta Slices and Vegan Rainbow Slaw (Ve)	Caribbean Spiced Chicken Thigh served with Chunky Vegetable Jerk Rice	Chickpea Falafel served with Chips and Baked Beans (Ve)
Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Farmhouse Fruitcake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Orange, Lemon & Ginger Cake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Shortbread Biscuit (Ve)

W/C - 21st April, 12th May, 9th June, 30th June, 1st September, 22nd September and 13th October

Our fish is Marine Stewardship Council approved. All Deserts are Reduced Sugar where possible

Available Daily...
Jacket Potato with filling
(No Tuna on Monday's)
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

ASHLYNS

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Queensbridge Primary School Menu - Week 2

Vegetarian = (V) Vegan = (Ve). All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

Option 1

Option 2

Dessert

Low Carbon Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Beef Bolognese served with Buttered Sweetcorn	Mild Chicken Korma served with Pilau Rice, Teardrop Naan Bread and a Minted Cucumber & Red Onion Salad	Covent Garden Pie served with Roast Potatoes, Carrots, Green Beans and Gravy (V)	Vegetable & Lentil Lasagne served with a Mixed Salad (V)	MSC Battered Cod Fillet served with Herby Diced Potatoes, Garden Peas and a Lemon Slice
Mixed Bean Spaghetti Arrabiata served with Roasted Lemon Sweetcorn (Ve)	Cauliflower & Chickpea Curry served with Pilau Rice, Teardrop Naan Bread and a Minted Cucumber & Red Onion Salad (Ve)	Roast Chicken Thigh served with Roast Potatoes, Stuffing, Carrots, Green Beans and Gravy	Traditional Homemade Beef Lasagne served with a Mixed Salad	Crunchy Quorn Nuggets served with Herby Diced Potatoes and Garden Peas (Ve)
Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Chocolate Orange Sponge	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Rock Cakes	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Fruit Jelly

W/C - 28th April, 19th May, 16th June, 7th July, 8th September, 29th September and 20th October

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Available Daily ...
Jacket Potato with filling
(No Tuna on Monday's)
Wholemeal bread
Choice of salads
Water



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Queensbridge Primary School Menu - Week 3

Vegetarian = (V) Vegan = (Ve). All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

Option 1

Cheese & Tomato Pizza
served with a Red Pepper &
Pea Pasta Salad
(V)

Sticky Quorn Fillet
served with Wholemeal
Rice and Green Beans
(Ve)

Chicken Stir Fry served
with Rice Noodles and Stir
Fry Vegetables

Puff Pastry Vegetable
Sausage Roll served with
Herby Diced Potatoes and
Baked Beans
(Ve)

MSC Crispy Cod Fillet
served with Chips and a
Pea & Sweetcorn Medley

Option 2

Sweetcorn, Red Onion and
Tomato Pizza served with a
Red Pepper & Pea Pasta
Salad
(Ve)

Sticky Chicken Thigh
served with Wholemeal
Rice and Green Beans

Singapore Stir Fry with
Edamame Beans and Rice
Noodles and Stir Fry
Vegetables
(Ve)

Puff Pastry Chicken
Sausage Roll served with
Herby Diced Potatoes and
Baked Beans

Crunchy Golden Nuggets
served with Chips and a
Pea & Sweetcorn Medley
(Ve)

Dessert

Freshly Cut Fruit (Ve)
or
Organic Fruit Yoghurt (V)

Freshly Cut Fruit (Ve)
or
Organic Fruit Yoghurt
or
Coconut Jam Slice
(V)

Freshly Cut Fruit (Ve)
or
Organic Fruit Yoghurt (V)

Freshly Cut Fruit (Ve)
or
Organic Fruit Yoghurt (V)
or
Vanilla Sponge & Custard
(V)

Freshly Cut Fruit (Ve)
or
Organic Fruit Yoghurt (V)
or
Ice Cream (V)

W/C - 5th May, 2nd June, 23rd June, 14th July, 15th September and 6th October

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Available Daily...
Jacket Potato with filling
(No Tuna on Monday's)
Wholemeal bread
Choice of salads
Water



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