

The **Curiosity Programme** is a fun-filled interactive way of supporting your child's attention, language, and social communication.

It teaches your child about the world, how to engage with other people and how to communicate.

It is an approach designed by Gina Davies, Speech, and Language Therapist.



How we work

We work with children and their parents at home, in Children's Centres, nurseries and schools.

We work together with lots of other professionals, including teachers, Health Visitors, Occupational Therapists, Physiotherapists, CAMHS.

Contact details

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Curiosity Programme

Parent information leaflet



Curiosity Programme

Making connections and nurturing communication.



The four parts to the Curiosity Programme

1. Getting connected

This part focuses on connecting with your child and building respectful, playful, and fun back-and-forth interactions by:

- Imitating sounds and actions
 - Exaggerating and adding playfulness
 - Inviting a response by pausing
 - Sharing the interaction.
 - In short and frequent sessions e.g. practice three times a day for 2 - 5 minutes.
- (These are often called 'Intensive Interaction' strategies.)



Who is the Curiosity programme for?

The Curiosity Programme is designed to support children with speech, language, and communication needs, in particular those who are in the earliest stage of attention development and those who are struggling in a group setting.

What skills does the Curiosity Programme support?

- Shared attention
- Functional communication skills (e.g., making requests, asking for 'more', initiating communication)
- Play and interaction skills

2. Signature songs

This part helps your child to understand what's going to happen next and become more independent in their routine.

- Choose 3 daily routine activities
- Choose 3 different songs that are easy to remember
- Change the words of the songs to match the activity e.g. sing 'now it's bathtime. wash, wash, splash, splash, splash' to the tune of *wind the bobbin up*
- Make sure the song is personalised to your child

3. Creating curiosity

This part focuses on encouraging your child to explore different materials, having moments of shared curiosity, and adding imaginative and rich language.

- Select 3 intriguing containers and fill them with something interesting to explore
- Look inside the container, look excited by the contents, and show them to your child
- Close the container then offer it to your child to open
- Explore the contents together, comment on what you see
- This all helps to make you an essential part of the play!

4. Let's play

This part provides early interaction games you can try out with your child. Remember to have moments when you wait and watch to see how they play and react.

Try these games to play together:

- **All Gone** – hiding toys under boxes or scarves. Or playing peek a boo with a scarf.
- **Building** – tower building and knocking them down
- **Scribbling** – large paper and lots of colours 'for the love of scribbling'.
- **Odd one out** – collections of different objects with one different (e.g. 3 bananas and 1 apple), show your surprise at the odd one out!
- **Paper off and giving** – wrap up an object in a scarf or paper then give it to your child to unwrap and reveal the item.
- **Emptying and filling** – find lots of different containers and smaller items to fill them with.