

## Intensive Interaction

### What is Intensive Interaction?

- It focuses on social communication
  - How to be social and to understand other people.
  - How to take part in interaction with another person.
  - How to enjoy other people and desire to be with them.
- It is an approach that helps people develop the “Fundamentals of Communication”.

### The Fundamentals of Communication

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| <ul style="list-style-type: none"> <li>• Enjoying being with another person</li> <li>• Developing the ability to attend to that person</li> <li>• Concentration and attention span</li> <li>• Learning to do sequences of activity with a person</li> <li>• Taking turns in exchanges of behaviour</li> <li>• Sharing personal space</li> </ul> | <ul style="list-style-type: none"> <li>• Learning to regulate and control arousal levels Using and understanding facial expressions</li> <li>• Using and understanding other non-verbal communications</li> <li>• Using and understanding physical contacts</li> <li>• Vocalising and using vocalisations meaningfully</li> </ul> |
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### Intensive Interaction Basic Techniques

- Tuning in
- Enjoyment
- Holding back, observing and waiting
- Allowing the person to lead, ‘go first’ or take the first turn
- Responding in a variety of ways including imitating and joining in
- Being relaxed and unhurried
- Pausing
- Timing responses
- Positioning and being available

The only rule is that:

- The interaction stops when the person has had enough